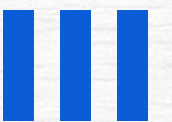




The **UK's largest and most renowned manufacturer of **professional fitness** equipment sets the benchmark with an extraordinary annual production, powering countless gyms and fitness spaces across the **globe.****



WWW.DHIZFITNESS.COM



TS GIGAFACTORY

POWERED BY RENEWABLE ENERGY

UK LARGEST MANUFACTURER OF PROFESSIONAL FITNESS EQUIPMENT THE
ANNUAL PRODUCTION IS ENOUGH FOR 300,000 TS EQUIPMENTS



WHY

TS

Factor y

340,000m²

The largest manufacturer of commercial fitness equipment in UK.

**More than
700 dealers**

all over the world.

**Export to
more than
88 countries**

in the world.

Around

20,000 GYMS

are using TS.



TS FITNESS

BORN FOR BEST PRICE-PERFORMANCE RATIOS

TS was founded in 2002 and is still owned by the founder. The company's philosophy is to offer customers high quality products for the best possible price. In order to achieve this goal, 90% of the components for the fitness equipment are made and produced in our factory. There are no profit margins to other suppliers - to our customers advantage. Also this helps to better control quality and to make changes very quickly where needed. Driven by efficient production methods like laser cutting and robot welding we can offer very competitive pricing.

As the supplier of the best-selling and most trusted fitness equipment in UK, We will do our best to help every partner and customer. we not only provide fitness equipment to more than 700 dealers all over the world, but also enable our partners to really enjoy the sense of achievement and commercial return from successful commercial fitness project . Just like our slogan TRAINING IS OUR LANGUAGE, bringing wellness to more receivers and helping people enjoy fitness lifestyle are not only our job but also our passion. It's just a beginning to provide you with top-quality fitness equipment !

THOUGHT THROUGH SOLUTIONS FOR YOUR TRAINING AREA AT BEST CONDITIONS.



- Easy to use
- Easy to adjust to your body size
- Intuitive operation
- Complying with security standards



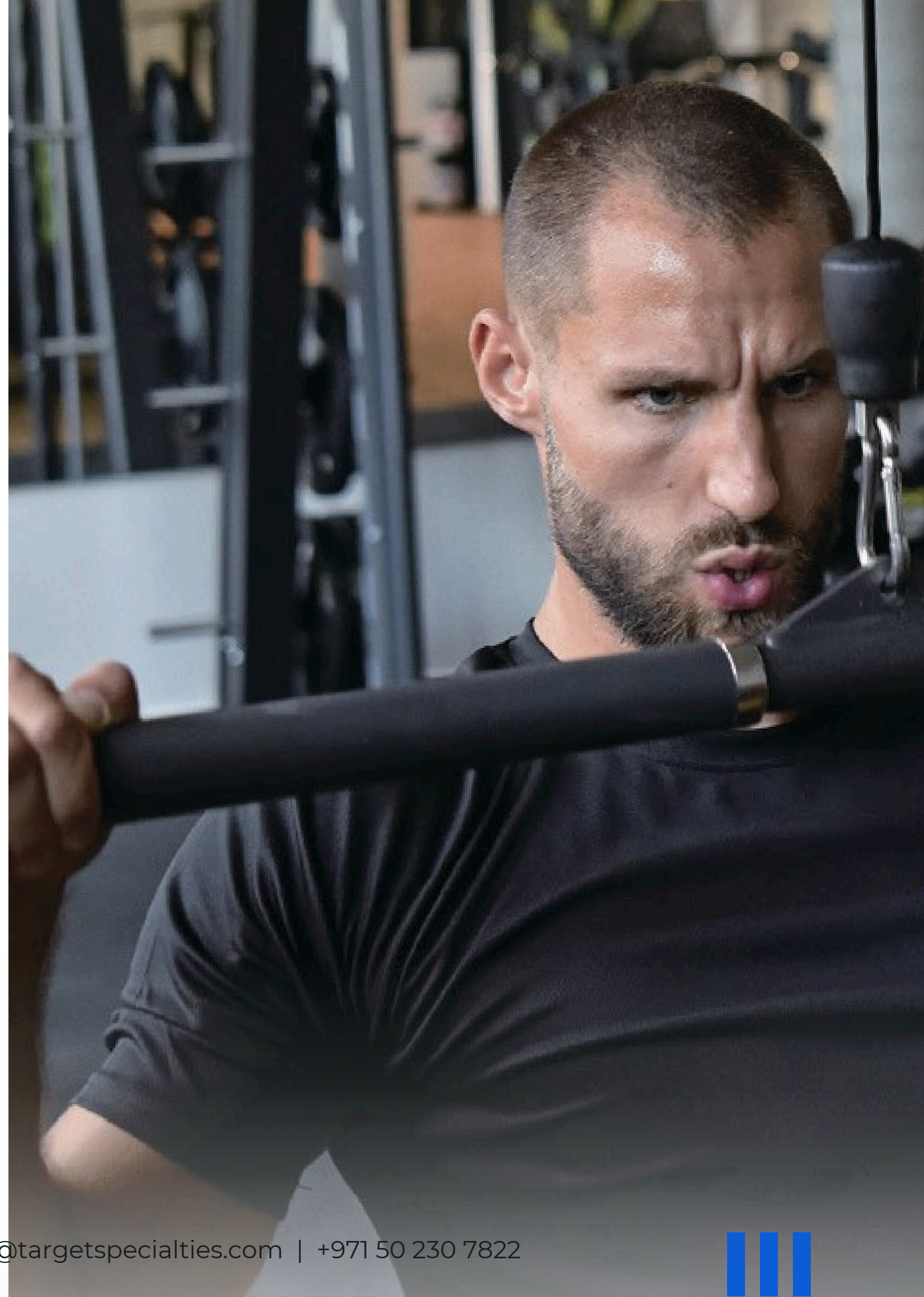
- For professional use
- Clever modern design
- Different weight options
- Simple and reliable handling



- ISO 9001 quality management
- Modern manufacturing
- Precision welding
- Good warranty



- Top price-performance ratio
- Affordable assembly and service
- Favorable transport costs
- Fast and cheap Spare parts supply



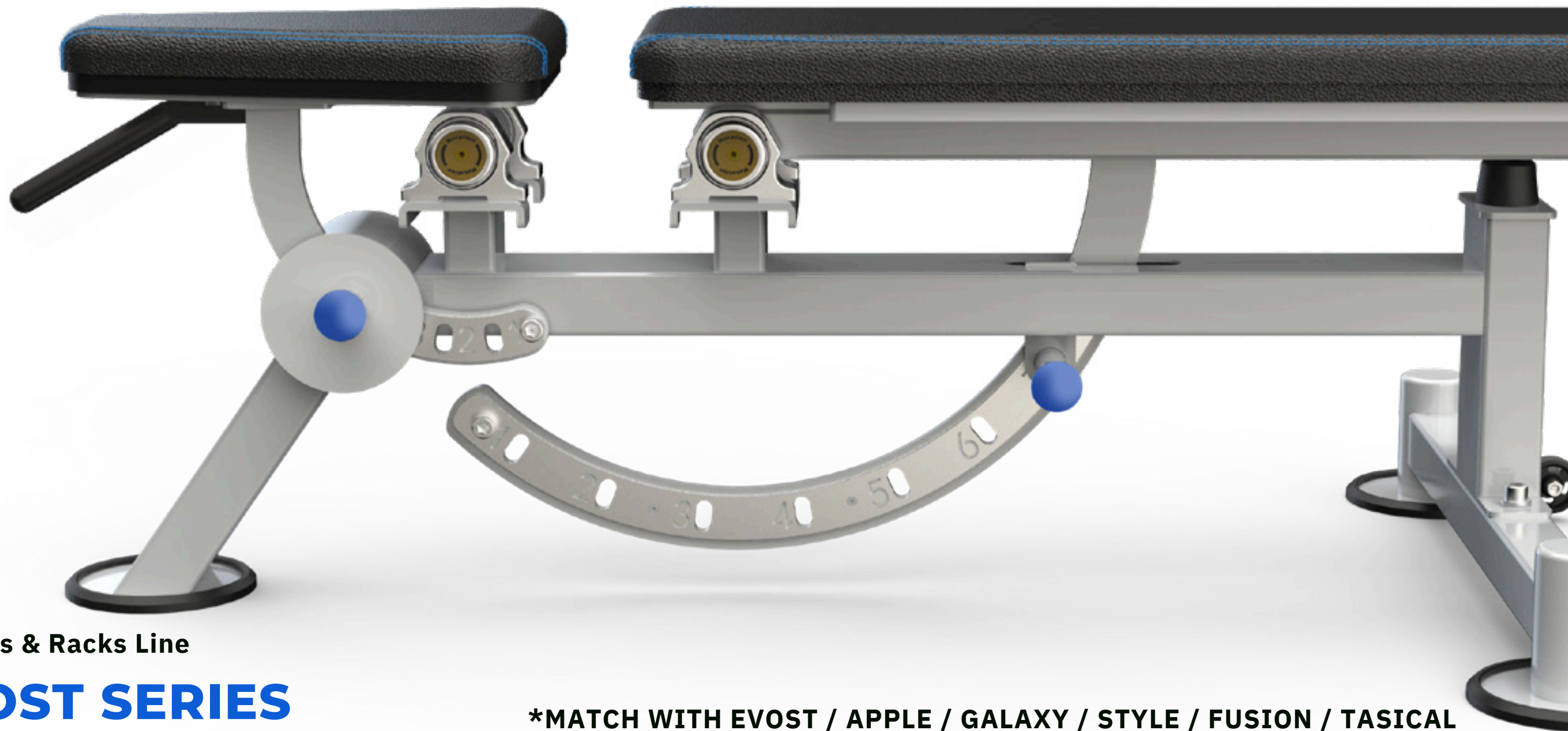


THE UK'S MOST **TRUSTED** FITNESS BRANDS

OUR CUSTOMERS



Born. From. Experience.



Benches & Racks Line

EVOST SERIES

***MATCH WITH EVOST / APPLE / GALAXY / STYLE / FUSION / TASICAL**



EVOST SERIES

Benches & Racks Line



FLAT BENCH

U3036



W Dimension: 135 x 76 x 43 cm
P Product Weight: 26 kg

Simple flat bench with ideal height for various weight-bearing exercises

ADJUSTABLE DECLINE BENCH

U3037



W Dimension: 162 x 76 x 81 cm
P Product Weight: 54 kg

For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility

OLYMPIC DECLINE BENCH

U3041



W Dimension: 206 x 178 x 109 cm
P Product Weight: 83 kg

Negative declined bench with four hooks for barbell and four weight horns

OLYMPIC INCLINE BENCH

U3042



W Dimension: 201 x 178 x 140 cm
P Product Weight: 87 kg

Inclined bench with four hooks for barbell and four weight horns

MULTI-PURPOSE BENCH

U3038



W Dimension: 117 x 76 x 82 cm
P Product Weight: 27 kg

Seat position with back rest, close to the ground for stability and comfort; Foot support for stability

SUPER BENCH

U3039



W Dimension: 162 x 76 x 81 cm
P Product Weight: 41 kg

Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles

OLYMPIC FLAT BENCH

U3043



W Dimension: 173 x 178 x 122 cm
P Product Weight: 66 kg

Flat bench with four hooks for barbell and four weight horns

SEATED PREACHER CURL

U3044



W Dimension: 132 x 84 x 97 cm
P Product Weight: 49 kg

Seated Preacher Curl; Seat height adjustment for different user sizes



BACK EXTENSION

U3045



W Dimension: 122 x 86 x 96 cm
P Product Weight: 64 kg

Retaining bottom edge for stability and comfort throughout the entire exercise

VERTICAL KNESS UP/DIP

U3047



W Dimension: 127 x 71 x 160 cm
P Product Weight: 77 kg

The contoured elbow pads, hand grips and back pad provide stability for knee-up exercises

HANDLE RACK

E3053



W Dimension: 94 x 76 x 104 cm
P Product Weight: 69 kg

Construction for comfortable removal of the barbells; Storage option for small barbell & six hooks for hanging accessories

VERTICAL PLATE TREE

U3054



W Dimension: 61 x 58 x 124 cm
P Product Weight: 30 kg

Stable stand with six horns for weight plates; Easy to mount and remove the plates

SQUAT RACK

U3050



W Dimension: 185 x 173 x 180 cm
P Product Weight: 122 kg

Allows for easy user access with multiple hooks ensure proper take off and secure catch positions

OLYMPIC MILITARY BENCH

U3051



W Dimension: 155 x 178 x 180 cm
P Product Weight: 122 kg

Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout

BARBELL RACK

U3055



W Dimension: 97 x 76 x 145 cm
P Product Weight: 76 kg

Accommodates a wide range of Barbells and Curl Bars; Ensures that equipment is easily accessible

BEAUTY DUMBBELL RACK

100608



W Dimension: 49 x 52 x 121 cm
P Product Weight: 20 kg

With its space-efficient design, it can make better use of the fitness space while storing 10 pairs of dumbbells vertically



BEAUTY DUMBBELL RACK

E3067



W Dimension: 145 x 65 x 100 cm
 Product Weight: 75 kg

The clean, efficient 3-tier 9-pair dumbbell rack provides easy access to dumbbells in a space-saving design, and the middle tier features specially adapted store for chrome beauty dumbbells.

DUMBBELL RACK

U3077



W Dimension: 72 x 248 x 81 cm
 Product Weight: 68 kg

Angled storage surface prevents the wrists from twisting when removing / putting away the dumbbells

DUMBBELL RACK

U3077L



W Dimension: 268 65 x 81 cm
 Product Weight: 50 kg

11-pair angled storage surface prevents the wrists from twisting when removing / putting away the dumbbells, which is specially designed for our SUPERSPORT-YL001. Also for all commercially available dumbbells.

STRETCH TRAINER

E3071



W Dimension: 128 x 52 x 106 cm
 Product Weight: 46 kg

Prepare bodies for a stronger and more satisfying workout and helps to prevent injury during and after exercise

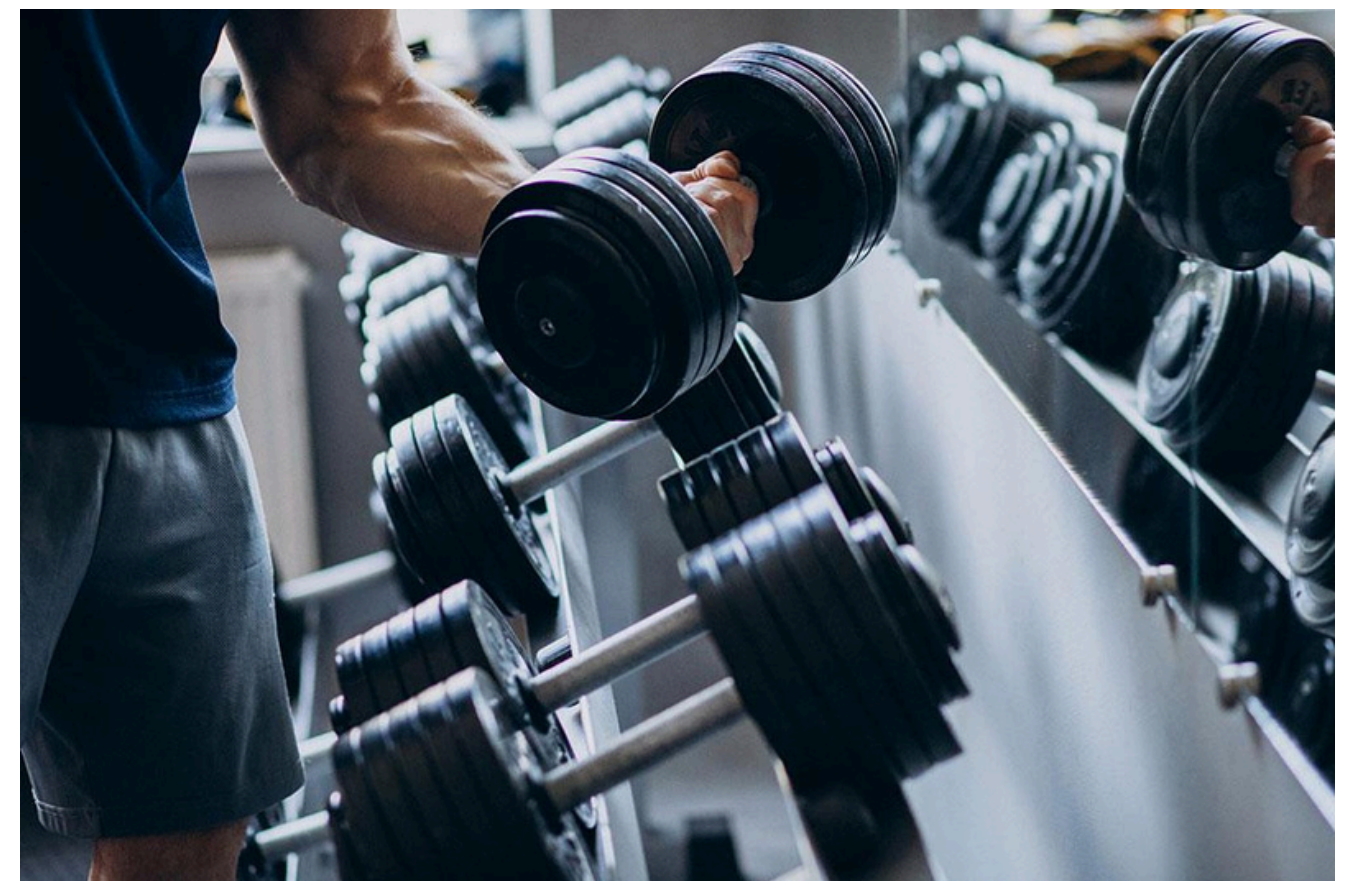
ABDOMINAL TRAINER

E3070



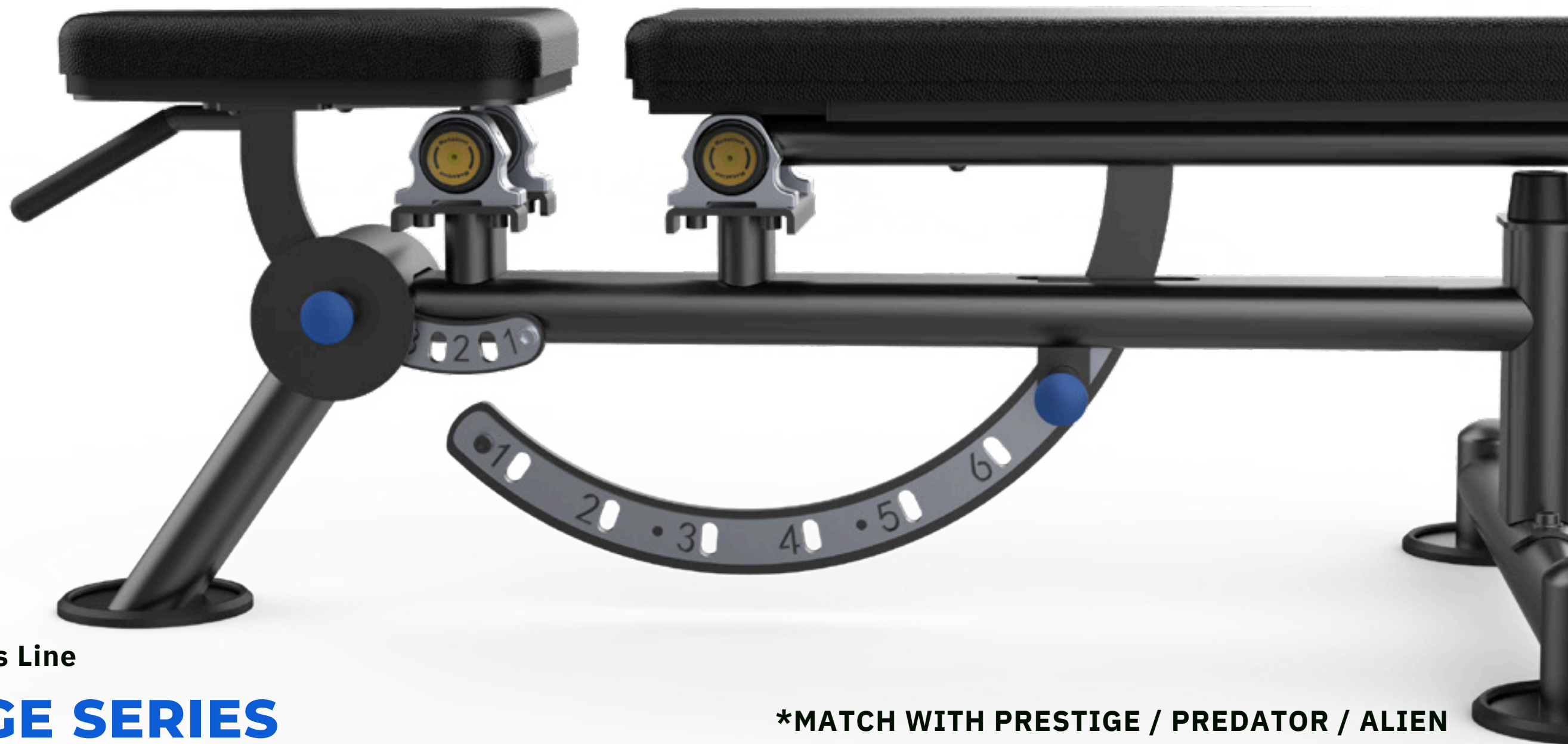
W Dimension: 157 x 93 x 102 cm
 Product Weight: 72 kg

With its sleek design, this bench fits every kind of gym perfectly, be it in the health club, wellness corner or the home



FLAT OVAL

Best. Performance. Ratio !



Benches & Racks Line

PRESTIGE SERIES

***MATCH WITH PRESTIGE / PREDATOR / ALIEN**



FLAT BENCH

U2036



W Dimension: 130 x 76 x 42 cm
kg Product Weight: 20 kg

Simple flat bench with ideal height for dumbbell training

ADJUSTABLE DECLINE BENCH

U2037



W Dimension: 169 x 76 x 46 cm
kg Product Weight: 45 kg

For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility

OLYMPIC DECLINE BENCH

U2041



W Dimension: 208 x 177 x 124 cm
kg Product Weight: 69 kg

Negative declined bench with four hooks for barbell and eight weight horns

OLYMPIC INCLINE BENCH

U2042



W Dimension: 200 x 177 x 142 cm
kg Product Weight: 79 kg

Inclined bench with four hooks for barbell and eight weight horns

MULTI-PURPOSE BENCH

U2038



W Dimension: 122 x 76 x 80 cm
kg Product Weight: 20 kg

Seat position with back rest, close to the ground for stability and comfort; Foot support for stability

SUPER BENCH

U2039



W Dimension: 141 x 76 x 47 cm
kg Product Weight: 38 kg

Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles

OLYMPIC FLAT BENCH

U2043



W Dimension: 174 x 177 x 124 cm
kg Product Weight: 52 kg

Flat bench with four hooks for barbell and eight weight horns

SEATED PREACHER CURL

U2044



W Dimension: 130 x 80 x 97 cm
kg Product Weight: 45 kg

Bench offers two different positions for varied workouts and accommodates users of all sizes



BACK EXTENSION

U2045



W Dimension: 120 x 96 x 66 cm
KG Product Weight: 55 kg

Retaining bottom edge for stability and comfort throughout the entire exercise

VERTICAL KNEE UP / DIP

U2047



W Dimension: 120 x 82 x 160 cm
KG Product Weight: 54 kg

Elbow pads and special dip handles provide comfort, shaped urethane pads protect the frame

VERTICAL PLATE TREE

U2054



W Dimension: 76 x 65 x 125 cm
KG Product Weight: 20 kg

Stable stand with six horns for weight plates; Easy to mount and remove the plates

BARBELL RACK

U2055



W Dimension: 99 x 90 x 142 cm
KG Product Weight: 50 kg

Accommodates a wide range of Barbells and Curl Bars; Ensures that equipment is easily accessible

SQUAT RACK

U2050



W Dimension: 137 x 160 x 177 cm
KG Product Weight: 76 kg

The polyurethane coating reduces wear and limits noise makes for a gentle workout

OLYMPIC SEATED BENCH

U2051



W Dimension: 117 x 168 x 178 cm
KG Product Weight: 92 kg

Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout

DUMBBELL RACK

U2077



W Dimension: 213 x 62 x 81 cm **KG** Product Weight: 55 kg

The clean, efficient 2-Tier, 10 Pair Dumbbell Rack allows for easy access to of dumbbells in a space efficient design



FLAT OVAL PRO

More. Than. Beauty.



Benches & Racks Line

***MATCH WITH FUSION PRO / PRESTIGE PRO**

FUSION PRO SERIES





GET FIT
DON'T



FLAT BENCH

E7036



W Dimension: 127 x 79 x 46 cm
KG Product Weight: 27 kg

Simple flat bench with ideal height for dumbbell training

ADJUSTABLE DECLINE BENCH

E7037



W Dimension: 169 x 79 x 86 cm
KG Product Weight: 56 kg

For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility

OLYMPIC DECLINE BENCH

E7041



W Dimension: 215 x 182 x 131 cm
KG Product Weight: 98 kg

Negative declined bench with four hooks for barbell and eight weight horns

OLYMPIC INCLINE BENCH

E7042



W Dimension: 219 x 181 x 157 cm
KG Product Weight: 101 kg

Inclined bench with four hooks for barbell and eight weight horns

MULTI-PURPOSE BENCH

E7038



W Dimension: 97 x 74 x 104 cm
KG Product Weight: 29 kg

Seat position with back rest, close to the ground for stability and comfort; Foot support for stability

SUPER BENCH

E7039



W Dimension: 136 x 69 x 51 cm
KG Product Weight: 43 kg

Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles

OLYMPIC FLAT BENCH

E7043



W Dimension: 202 x 182 x 131 cm
KG Product Weight: 80 kg

Flat bench with four hooks for barbell and eight weight horns

PREACHER CURL BENCH

E7044



W Dimension: 131 x 82 x 101 cm
KG Product Weight: 66 kg

Bench offers two different positions for varied workouts and accommodates users of all sizes



BACK EXTENSION

E7045



W Dimension: 152 x 79 x 83 cm
KG Product Weight: 70 kg

Retaining bottom edge for stability and comfort throughout the entire exercise

VERTICAL KNESS UP/DIP

E7047



W Dimension: 104 x 72 x 165 cm
KG Product Weight: 82 kg

Elbow pads and special dip handles provide comfort, shaped urethane pads protect the frame

VERTICAL PLATE TREE

E7054



W Dimension: 68 x 69 x 80 cm
KG Product Weight: 35 kg

Stable stand with six horns for weight plates; Easy to mount and remove the plates

BARBELL RACK

E7055



W Dimension: 99 x 85 x 132 cm
KG Product Weight: 82 kg

Accommodates a wide range of Barbells and Curl Bars; Ensures that equipment is easily accessible

SQUAT RACK

E7050



W Dimension: 139 x 175 x 177 cm
KG Product Weight: 125 kg

The polyurethane coating reduces wear and limits noise makes for a gentle workout

OLYMPIC MILITARY BENCH

E7051



W Dimension: 126 x 110 x 180 cm
KG Product Weight: 125 kg

Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout

BEAUTY DUMBBELL RACK

E7067



W Dimension: 230 x 60 x 73 cm
KG Product Weight: 50 kg

The clean, efficient 5 Pair Beauty Dumbbell Rack allows for easy access to of dumbbells in a space efficient design

2-TIER DUMBBELL RACK

E7077



W Dimension: 230 x 60 x 72 cm
KG Product Weight: 76 kg

The clean, efficient 2-Tier, 10 Pair Dumbbell Rack allows for easy access to of dumbbells in a space efficient design



Most. Powerful. Yet.

Benches & Racks Line

DISCOVERY SERIES



OLYMPIC INCLINE BENCH

D971



W Dimension: 125 x 188 x 160 cm
kg Product Weight: 117 kg

A durable bench with footplates for extra support, an assisted spotter platform, and stop hooks for individual training

OLYMPIC BENCH

D972



W Dimension: 125 x 163 x 135 cm
kg Product Weight: 130 kg

A durable weight bench with two footplates, a spotter platform for assisted training, and stop hooks for individual training

BACK EXTENSION

D975



W Dimension: 120 x 76 x 77 cm
kg Product Weight: 48 kg

Ideal for training the back muscles which features a wide footplate for exercise variations

SEATED PREACHER CURL

D976



W Dimension: 106 x 79 x 110 cm
kg Product Weight: 63 kg

A durable bicep and barbell curl bench, complete with a double angle pad setting and stop hooks to secure the bar

OLYMPIC DECLINE BENCH

D973



W Dimension: 125 x 189 x 132 cm
kg Product Weight: 108 kg

A durable bench with a single set up adjustment and stop hooks for effective individual training

OLYMPIC MILITARY BENCH

D974



W Dimension: 124 x 135 x 187 cm
kg Product Weight: 122 kg

A durable bench with a stable footplate, a spotter platform for assisted training, and stop hooks for individual training

ADJUSTABLE DECLINE BENCH

D977



W Dimension: 185 x 55 x 93 cm
kg Product Weight: 65 kg

A durable bench with 3 difficulty levels, 2 integrated plate holders, 2 handles for reverse abdominal exercises

BARBELL RACK

D981



W Dimension: 79 x 82 x 150 cm
kg Product Weight: 90 kg

Holds up to 10 bars and is accessible from both sides, ideal for keeping large strength training areas tidy



SUPER BENCH

D978



W Dimension: 135 x 52 x 46 cm

Product Weight: 46 kg

A reclining weight bench with 8 backrest adjustments and 3 seat-angle settings which can support various exercises

Benches & Racks Line

DISCOVERY SERIES

Rooted in high performance sports Pro Series is a complete benches & Racks range for your elite training area.

This equipment offers the best strength training support for maximising your sports performance.

Best Match



D979



Storage. Re. Defined



Storage & Racks Line

CROSSTRaining SERIES



EVOST SERIES

Benches & Racks Line



MULTI RACK

E6230



W Dimension: 434 x 104 x 126 cm
 Product Weight: 265 kg

Support either the hooks or the horns of any standard barbell & weight plate

BARBELL RACK

E6231



W Dimension: 129 x 82 x 141 cm
 Product Weight: 70 kg

Support of any standard barbell

4 BARBELL STORAGE BASE

E6235



W Dimension: 74 x 67 x 30 cm
 Product Weight: 25 kg

This storage base can instantly improve the look and efficiency of smaller weight rooms and garage gyms

8 BARBELL STORAGE BASE

E6236

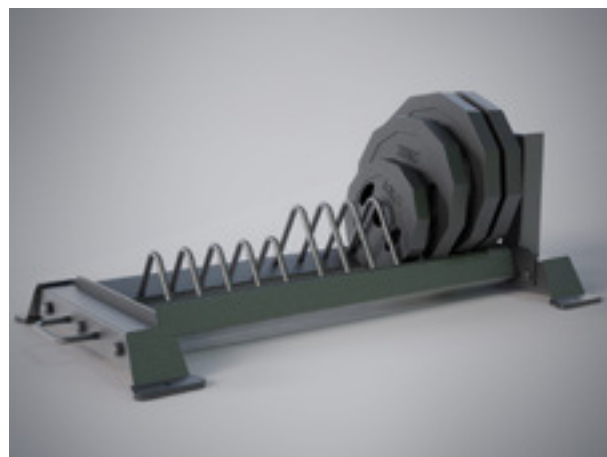


W Dimension: 74 x 67 x 21 cm
 Product Weight: 35 kg

This storage base can instantly improve the look and efficiency of smaller weight rooms and garage gyms

BUMPER PLATE STORAGE

E6233



W Dimension: 144 x 74 x 43 cm
 Product Weight: 52 kg

These low-profile base offer ample storage for plates while decreasing the amount of floor space needed to house the weights

ACCESSORY STORAGE RACK

E6234



W Dimension: 204 x 82 x 84 cm
 Product Weight: 105 kg

The 2-Tier Mass Storage System, which can easily store KETTLEBELLS and accessories as your gym's demands increase

ACCESSORY STORAGE RACK

E6237



W Dimension: 204 x 82 x 84 cm
 Product Weight: 88 kg

The 2-Tier Mass Storage System, which can easily store BALLS and accessories as your gym's demands increase

MULTIFUNCTION DUMBBELL RACK

E6239



W Dimension: 206 x 67 x 126 cm
 Product Weight: 86 kg

10 pairs of dumbbells with an optimal tier design that allows for easy loading and unloading of weights



TRIPLE STORAGE

E6245



W Dimension: 406 x 49 x 236 cm
Product Weight: 393 kg

With the triple storage you can effectively combining the function of space management and maximizing the training area. A "must have" for every detail-oriented studio owner.

SQUART STORAGE

E6246



W Dimension: 394 x 168 x 244 cm
Product Weight: 424 kg

A classroom today has many different designs, safety and space saving are of great importance. With the squat storage you can bring both together, effectively combining the function of space management and maximizing the training area.



DOUBLE STORAGE

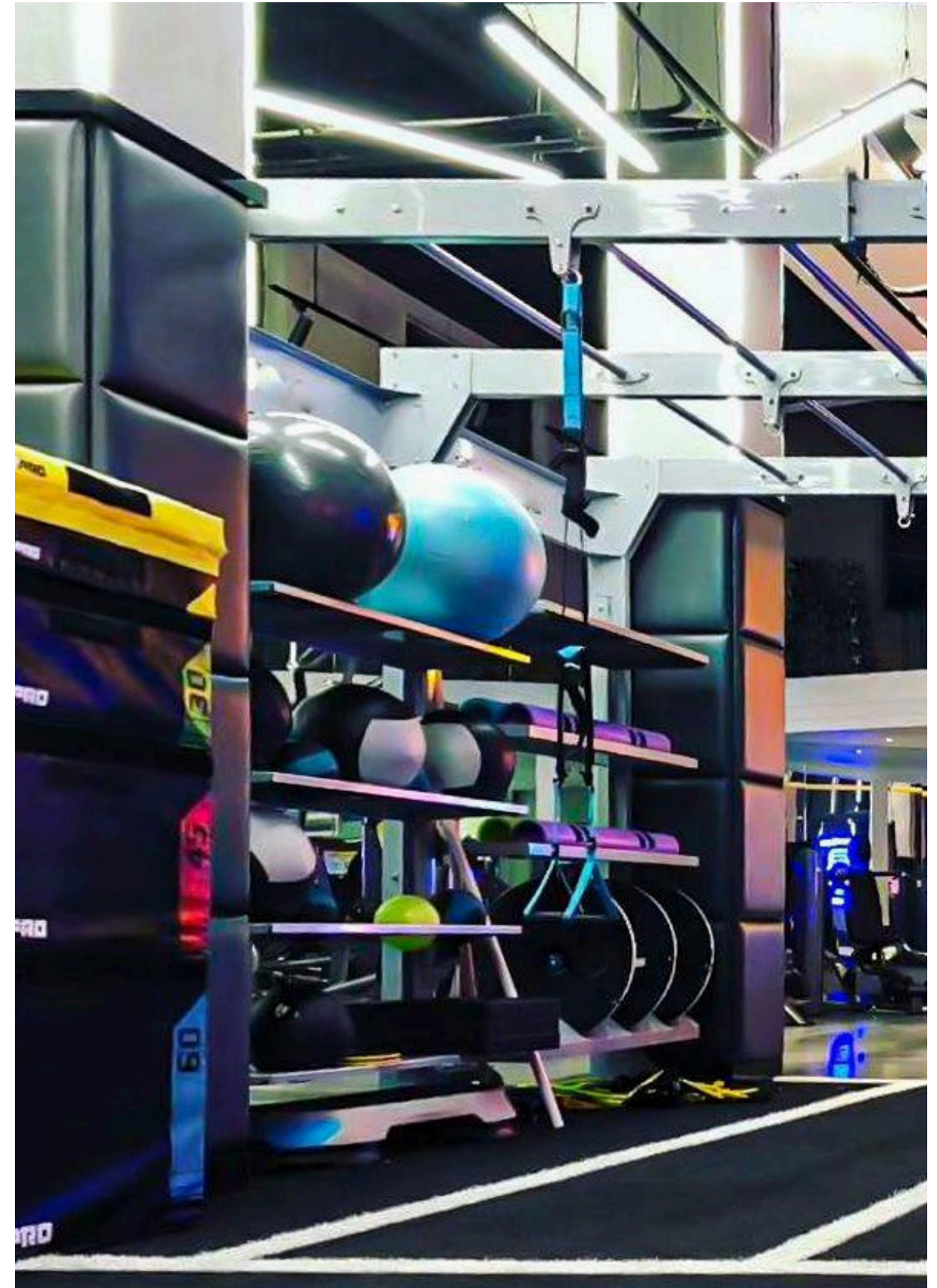
E6248



W Dimension: 275 x 49 x 236 cm

Product Weight: 240 kg

With the double storage you can effectively combining the function of space management and maximizing the training area. A "must have" for every detail-oriented studio owner.



EVOST SERIES

Benches & Racks Line



LEVER ARM COMBO RACK



E6215

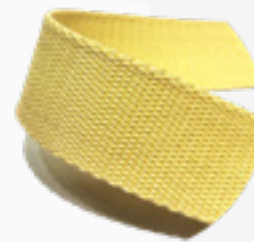
W Dimension: 5150*2470*2500 mm
Weight: 1028 kg

Unleash your training potential with our customizable combination racks - add as many as you need for ample storage and limitless workout options, whether for personal or group fitness.

E6212B

W Dimension: 2470*2100*2500 mm
Weight: 460 kg

Kevlar Strap



E6213

W Dimension: 8230 * 2470 * 2500 mm
Weight: 1815 kg



Comfort. Physical. Relax !

AM001

Electric Spa Bed

An easy-to-use electric lift spa bed that can be adjusted in height of 300mm using the controller, providing great convenience for clients and practitioners. Utilizing a sturdy steel frame, durable and reliable cushioning gives you a lift spa bed that will provide years of trouble-free service for the budget-conscious practitioner who insists on quality.



 Dimension: 1900*720*600 mm

 Product Weight: 100 kg

WE FIT WITH EVERYONE!

NO MATTER WHETHER LARGE OR SMALL, WE HAVE THE PERFECT SOLUTION.

MICRO

SMALL SPACE

- Little to no staff
- Emphasis on strength training
- A workout of all muscle groups is possible in 20 minutes

CLASSIC

CLASSIC GYM

- Wide range of offering with staff available; members are loyal and have a personal bond to "their" gym
- Cardio area
- Strength and Freeweights area
- Courses / classes
- Outdoor and functional

PREMIUM

PREMIUM GYM

- High quality ambience
- Wide range of offering, including wellness area
- Trainer on site
- Service & consultation



TS FITNESS GYMDESIGNER

OUR SERVICE FOR YOU: 3D GYM PLANNING

- ✓ EASY TO USE
- ✓ EASY TO ADJUST
- ✓ INTUITIVE OPERATION

Good planning is everything. The high costs of 3D planning frighten off many. TS Fitness offers you the planning as a free service - no matter how much space you have or how many devices you need. We plan for free for you using exercising avatars for better spatial presentation which will answer many of your questions at a very early stage. Send us your floor plan by email and together we work out which devices ideally suit to your new training area.



THE 3D WALK-THROUGH VIDEO

We offer this service on top if you order devices from us. You can use it to attract potential members via Social media and give your existing members an advance impression of your planned investment. The exercising avatars bring life to the planned studio for real.

JUST DO IT YOURSELF

In the software you will find the complete, precisely scaled equipment range of TS Fitness. The software is easy to use so that you can create your own 3D studio planning. Nevertheless, we recommend that you read the operating instructions carefully beforehand.

You can quickly design simple rooms yourself. If you have larger projects with larger floor plans, we offer the service to create them for you by our team of architects.

OUR AVATARS WILL MAKE YOUR PLANNING EVEN MORE REALISTIC.



TS PASSION FOR FITNESS



LET'S TALK TRAINING!



 TS FITNESS  TS FITNESS  TS FITNESS  TS FITNESS

TS FITNESS

NR32 1HB, London Road North
Lowestoft, United Kingdom.

 +971 502307822  info@targetspecialties.com

LEARN MORE AT:
www.targetspecialties.com

TS reserves the right to make any changes without prior notice.

